

Community Service

Extra time on your hands?

Volunteers are always valued and much needed.

This is a great way to serve your community, and do something to help out others at the same time.

ANIMALS

• Mercy's Reach Rabbit Refuge urgently requires mature, reliable volunteers for cleaning, feeding, grooming and socializing of rescued bunnies, awaiting adoption. Even two hours per week will help our over-worked bunny-lovers. Call Muriel 604-530-3297 or cell 604-306-5775 for more info.

• Critter Care Wildlife Society requires volunteers for animal care, public relations, special events, education, building, light maintenance and more. Call 604-530-2064.

• Langley Animal Shelter seeks volunteers to help homeless animals. Opportunities include walking dogs, TLC for cats, website work,

photography, fundraising and fostering. Call 604-857-5055 or visit HYPERLINK "http://www. www.lapsbc. petfinder.com

• Pacific Riding for Developing Abilities welcomes applications to assist our riders. Two hours per week for a 10 week session. Must be 16 years or older in the arena and 14 years of age to help in barn area only. Contact Bill at 604-530-8717 or volunteer@prda.ca.

• English Springer Spaniel Rescue Association of Canada is in need of foster families in the area. Current or past Springer owners or breed fanciers, if interested can call Doug at 604-539-1207. Further info is also provided on the web at www.esracanada.org

HEALTH

• Langley Red Cross requires volunteers urgently for new office in Walnut Grove. People who love to help others and can spare

three hours a week are invited to contact Wendy at 604-881-1113, Tuesday mornings. New address #101-9770 196A Street.

• People with pets needed for visiting residents in a senior's home. Pets must have up to date vaccinations and medical records. Call Susan at Langley Lodge 604-532-4222.

• Langley Hospice Society is looking for volunteer assistance to help in the Society office for a four hour weekly shifts. Duties include answering phones, directing calls, greeting clients and other light office duties. Call Adrienne at 604-530-1115 for more info.

• The Alzheimer Society of B.C. needs volunteers for various positions including family support, reception and clerical office assistance and help for special events and fundraising. Please call 604-533-5277.

• Langley Memorial Hos-

pital Gift Shop requires volunteers who would like to work a minimum of eight hours per month and must be able to work with cash. Training will be provided. Call Joan at 604-888-9114.

• Ishtar Transition Housing Society: Volunteers needed to help in Donation Room. Training given. For information please call Debbie at 604-534-2602.

YOUTH

• Girl Guides couldn't exist without the amazing women who commit their time to leading, mentoring and spending time with our girls.

Women 18 years and older can join Girl Guides and share their skills.

We're looking for women from all walks of life who believe that today's girls can accomplish great things.

If you are one of those women please call 1-800-565-8111 and volunteer today.



A couple of conference attendees take the first step in achieving their full potential as writers at last year's Surrey International Writers' Conference. The 2008 event is set for Oct. 24-26. Visit www.siwc.ca

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Nicole, Amber, Gayle & Michelle

Writers ready for annual conference

The 16th Annual Surrey International Writers' Conference line-up of authors, poets, editors and agents is now available online at www.SiWC.ca.

SiWC takes place at the Sheraton in Guildford from October 24 to 26. Master

Classes will be on October 23.

Popular best-selling authors Anne Perry, Diana Gabaldon, Michael Slade and Jack Whyte are back, as well as new key-note speakers this year will include award winning

editor and Pulitzer prize winner Jacqui Banaszynski who holds a Knight Chair in Editing at the Missouri School of Journalism, Colorado author Carol Berg and Anthony Dalton, Fellow of the Royal Geographical Society and

a Fellow of the Explorers Club. Scribes should also check out SiWC Writers' Contests. Prizes total over \$3,000. Deadline for entries is 4 pm. Friday, Sept. 5.

Conference directors can be contacted through the website at www.siwc.ca



This Week's Features:

Smoked Pastrami **\$5.00***
(Reg. \$1.89/100g) 1 Kg pkg.

Old Fashioned Ham **\$119***
(Reg. \$2.49/100g) /100g

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Bolletje Dutch Crisps **\$1.89***
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