

Surrey Seen....What to before or after the conference

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A walking trail in Green Timbers Park

Surrey and vicinity

Tynehead Regional Park - 96th Avenue and 168 St.

- About 20-block walk from the Sheraton, or by car. Parking lot.
- 5 km of walking trails, mostly wooded. Map of the park [here](#).
- Interactive map of Surrey [here](#).

Green Timbers Heritage Society Urban Forest (pictured rt.)

- Several entrances to this park – 6-8 blocks from the Sheraton.
- 5 km of trails, some wooded, including a nice one around the lake.
- List of the trails [here](#) with downloadable maps.
- Interactive map of Surrey [here](#).

Bear Creek Park and Surrey Art Centre - 88th Ave & 140 Street.

- 30-plus blocks from the Sheraton, 7 mins by car.
- Lots of parking at park entrances on 140 Street or King George Highway and off 88 Ave at the main Arts Centre parking lot.
- Park info and map of trails, etc. [here](#).
- Surrey's Class A gallery is open to 9a.m. – 9p.m. Thursday, Friday 9.m.– 5p.m., Sat. 10 a.m.–5 p.m., and 1-4 on Sundays. Check [here](#) for current exhibits.
- Interactive map of Surrey [here](#).

Crescent Beach – *This old beach community still maintains some of its original feeling.*

- About 30-mins by car from the Sheraton.
- Lovely walks along dykes and beaches.
- Wired Monk and Sunflower Organic Café open all year.
- Blackie's Spit at the west end of the beach is a great for birdwatchers.
- Interactive map of Surrey [here](#).

White Rock – *Hectic and noisy in summer, has its own charm out-of-season.*

- 30-min drive from Sheraton.
- Up the top of the town are some nice boutique shops and restaurants.
- At the beach - long boardwalk and pier.
- Pricey pay parking everywhere near the beach.
- Lots of restaurants across from beach, many open all year.
- Small Station Art Gallery and Archives open 10 a.m – 5 p.m. daily.
- Interactive map of Surrey [here](#).

Barnston Island - *This rural gem in the Fraser River is accessible by a free shuttle ferry.*

- You'd need a car to get there – at the east end of 104 Ave. Once on the other side you can walk, cycle or drive around the perimeter road overlooking fields and the river.
- No food outlets. Public washrooms in Robert Point Park at the west end of the island.
- Interactive map of Surrey [here](#).

Guildford Shopping Centre

- All the 'usual suspects', plus banks, a large food court, etc.
- 2 blocks from the Sheraton.

And farther afield ...



The Vancouver Art Gallery building began life as a courthouse

Granville Island - a downtown market and artists' community filled with cool shops, great food and awesome art galleries.

Grouse Mountain Gondola - in North Vancouver. Grouse Mountain offers the most spectacular view of the city around. You can do the famous 'Grouse Grind' hike if you want, but it's about 2 miles straight up - quite a hike. Lots of trails, food and things to see at the top. Skytrain/Seabus to Lonsdale Quay, then bus it.

Stanley Park - amazing park in the centre of the city. Incredible aquarium, tons of trails to hike, breath-taking seawall (not all accessible right now due to closures from falling trees etc. during the 2007 storm). The website has updates of closed areas/repairs etc.

Gastown - this is a part of Vancouver's notorious downtown east side, but during the day it is a very cool glimpse into the city's past if you like the touristy feel.

Kitsilano - great shopping on 4th, lots of funky shops, good food on every block!

Capilano Suspension Bridge - very cool and creaky suspension bridge across an amazing canyon.



And if it is pouring: (sorry, but it is very likely).....

The Vancouver Art Gallery - downtown, wonderful gallery. Includes gift shop and nice restaurant. **Granville** or **Burrard** Skytrain station.

Shopping on Robson Street - downtown, the latest duds and cool stuff. Bring your umbrella - but you can duck into the underground connectors between The Bay and Sears if you need to dry off. **Burrard** or **Granville** Skytrain station.

Science World - located in what looks like a giant golf-ball just outside the downtown core. Really fun place to visit if you care about weird science. **Main Street - Science World** Skytrain Station.

The Vancouver Readers & Writers Festival Oct. 16 - 21
Lots of amazing writers, readings, panels, performances.

The Vancouver Museum

Interesting collections about Vancouver now and then.. A new gallery offers world class views in all directions. Its Vanier Park setting is a favourite for kite flyers on windy days.

Vancouver Centennial Police Museum

For mystery and crime writers, eight-year-old boys, and the ghoulish... Rather drab and dusty, located in what was once the City Morgue, in Vancouver's Downtown Eastside.

More visitor information

- **Check out Surrey weather before you pack** – <http://www.theweathernetwork.com/weather/CABC0284>
- **Public transit info:** Coast Mountain's website includes trip planning tools, routes, fares, etc. http://www.translink.bc.ca/Transportation_Services/Regional_bus/default.asp
- **Nearest Tim Horton's** – one block west and one block south of the Sheraton. Great for an early morning meeting, or a brief respite from the conference throngs.